



THE MARKET PLACE

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LUNCH MENU

NOVEMBER 2010

STARTERS

Fresh vegetable soup of the day – please see server	4.25
Warm salad of black pudding, smoked bacon with mustard glazed potatoes	3.95
Smoked mackerel and spring onion mousse with potato and green bean salad	3.95
Tartlet of sweet onion, feta and thyme with savoury caramel dressing	4.95
Salmon gravadlax, caper and olive dressing, horseradish and watercress salad	£9.95
Rotolo of chicken, spinach and mozzarella with red peppers	£9.95
Seared scallops with sweet corn and parmesan puree and crisp pancetta	£9.95

SANDWICHES (available Tuesday-Friday)

Smoked salmon and goats cheese on toasted ciabatta	£9.95
Medium cooked beef sandwich with rocket and horseradish cream	£9.95

LIGHT MAINS (HOME MADE PASTA/SALADS AND EGGS)

Please ask for vegetarian variations to some of these dishes

Home rolled pappardelle, wild mushrooms ragout, courgettes and parmesan	£9.95
Tagliatelle with marinated artichokes, tomato, olives, broccoli and garlic	£9.95
Salad of Parma ham mezze with hummus, salsa and root vegetable crisps	7.50
Tomato, pancetta and herb omelette with seasonal dressed leaves	6.25

MAINS (served with vegetable garnish)

Rolled and grilled belly pork braised in cider with Austrian style cabbage, apple compote and crackling	£12.95
Chicken supreme topped with Gruyère, served with mash and olive salsa dressing	£10.95
Seared Sea Bream served with saffron and Gambas risotto, dill and pea velouté	10.95
Pan fried lean butchered leg of lamb with garlic and rosemary puy lentils and dauphinoise potato and redcurrant jus	£12.75
Pan fried loin of cod with chorizo served with smoked paprika potatoes, haricot vert and three herb sauce	£12.50
Golden beer battered fish and chips market fish served with house chips and homemade tartare sauce	£9.25
Salmon, dill and lemon fishcakes served with house chips, rocket salad and aioli	£9.95

FROM THE GRILL (*served with hand cut, house chips and salad garnish)

Rump steak, spinach and béarnaise sauce *	6oz/170g	£9.75
Sirloin steak, spinach and béarnaise sauce *	8oz/230g	£17.95
Fillet steak, spinach and béarnaise sauce *	7oz/170g	£19.95
The Market Place bacon and cheese beef burger, red onion relish *	7oz/200g	£9.95
Calves liver, smoked bacon, mustard mash, onion jus		£11.25

SIDES

Hand cut house chips	£2.50
Creamy mash potato	£2.25
Dauphinoise potato	£2.50
Sautéed new potatoes with wilted greens	£2.75
Garlic buttered green beans	£2.50
Rocket and parmesan salad with mustard dressing	£2.50
Marinated Kalamata olives	£2.75
Selection of eclectic breads with dipping dressing and sea salt	£2.50

DESSERTS

Almond and hazelnut brownie with vanilla ice cream	£2.50
Tiramisu with mascarpone and roast coffee bean caramel sauce	£2.50
Apple, pear and rosemary crumble with vanilla ice cream	£2.50
Raspberry and Cassis crème brûlée with lavender short bread	£2.50
Selection of cheeses with homemade chutney, grapes, celery and biscuits	£9.95
Selection of ice cream and sorbets with tuille	£2.25

KIDS MENU

ALL £5.50

All of the kids menu items are home made. Please ask for vegetarian option

Crisp chicken and sesame goujons
4oz minute steak cooked as you like
Poached plaice papillote
Served with choice of chips, mash, peas or French beans

FIXED PRICE LUNCH SET PRICE MENU

Sunday menus available on request.

All of our food is freshly cooked hence menu is subject to change due to availability of ingredients.
Please allow a reasonable time between courses.

All prices include VAT.

Please be advised that nuts are used in our kitchens. If you do have any allergies please inform your waiter.